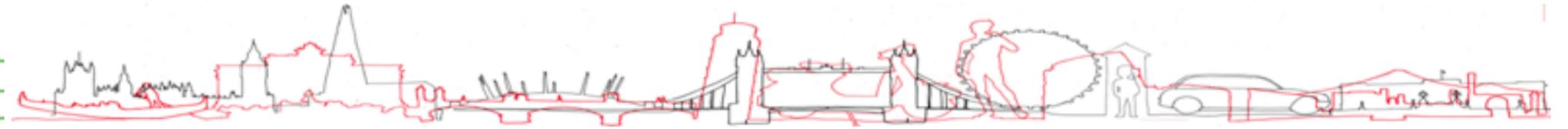


# L'Italiano



## BREAD & OLIVES

<b>Pane</b>	<b>£3.00</b>
A selection of freshly baked Italian breads, served with olive oil and vinegar	
<b>Garlic Bread</b>	<b>£3.00</b>
Oven baked foccacia bread dressed with garlic oil and rosemary	
<b>Crostini</b>	<b>£4.00</b>
Four grilled foccacia slices with a variety of traditional Italian toppings	
<b>Olives</b>	<b>£3.00</b>

## ANTIPASTI

<b>Tuscan Bean Soup</b>	<b>£4.95</b>
A hearty, healthy bean soup with celery, carrots, cannellini and borlotti beans and chickpeas served with fresh chopped parsley	
<b>Aubergine Parmigiana</b>	<b>£5.95</b>
Originally from Sicily, now cooked all over Italy. Aubergines layered with tomato sauce, basil and parmesan then oven-baked. An excellent vegetarian option!	
<b>Beef Carpaccio</b>	<b>£6.75</b>
Thinly sliced beef dressed with lemon oil and topped with rocket salad and parmesan shavings	
<b>Buffalo Mozzarella</b>	<b>£6.75</b>
Served with heritage tomatoes, olive oil and basil	
<b>Calamari Fritti</b>	<b>£8.20</b>
Fresh Calamari dusted in flour and deep-fried. Served with Lemon Mayonnaise and lemon wedge	
<b>Antipasto all'Italiana</b>	<b>£8.95</b>
Parma ham, coppa, salami felino, marinated artichokes and deep fried Mozzarella balls	

## INSALATE

<b>Autumn Salad</b>	<b>£6/£9</b>
Mixed leaf salad with beetroots, cannellini beans, baby carrots and marinated mushrooms. tossed with olive oil and Balsamic vinegar	
<b>Salmon Salad</b>	<b>£7/£10</b>
Grilled Salmon tossed with fennel, rocket, quail eggs and cannellini beans. dressed with lemon oil	
<b>Chicken Salad</b>	<b>£8/£11</b>
Roast chicken slices mixed with baby gem, avocado, shaved parmesan and roasted almonds in olive oil dressing	

## PASTA

<b>Spaghetti Pomodoro</b>	<b>£8.95</b>
Spaghetti tossed in tomato and basil sauce	
<b>Tagliatelle alla Bolognese</b>	<b>£10.25</b>
Home made egg pasta served with rich traditional Bolognese sauce	
<b>Lasagne</b>	<b>£10.25</b>
Layers of fresh egg pasta, Bolognese sauce and Bersciamelle sauce. Oven baked	
<b>Wild Mushroom Risotto</b>	<b>£12.50</b>
Carnaroli rice slow cooked with selection of wild mushrooms, butter, parmesan and fresh chopped parsley	
<b>Seafood Linguine</b>	<b>£13.50</b>
Flat spaghetti tossed in white wine garlic and chilli sauce with clams, mussels, prawns and crab	

## PIZZA

All our pizza are hand stretched to order and baked in a traditional clay oven

<b>Margherita</b>	<b>£8.50</b>
Tomato and mozzarella with oregano	
<b>Regina</b>	<b>£9.50</b>
Tomato and mozzarella, cooked ham, mushrooms	
<b>Marinara</b>	<b>£9.25</b>
Tomato and mozzarella, anchovies, black olives	
<b>Piccante</b>	<b>£9.95</b>
Tomato and mozzarella, Salame, red onion, chilli	
<b>Bosco</b>	<b>£9.95</b>
Tomato and mozzarella, gorgonzola cheese, walnut and rocket	
<b>Calzone</b>	<b>£11.25</b>
Tomato and mozzarella Spinach, peppers, ricotta	
<b>Maiala</b>	<b>£12.25</b>
Tomato and mozzarella, sausage, ham, salame	
<b>Rustica</b>	<b>£13.00</b>
Tomato and mozzarella, Parma ham, artichokes	

## 2 COURSE\* L'ITALIANO OPENING MENU

Any pizza or pasta with  
any starter or dessert

**£15**

\*Terms & conditions apply

## CHARCOAL GRILL

<b>Baby chicken</b>	<b>£14.50</b>
Roasted baby chicken, sautéed sprouting broccoli in garlic oil and rosemary potatoes	
<b>Verdure alla griglia</b>	<b>£11.95</b>
Chargrilled courgettes, peppers, aubergine, broccoli and potatoes topped with grilled goats cheese and chopped parsley	
<b>Fillet of sea bass</b>	<b>£15.50</b>
Chargrilled fillet of sea bass, served with sautéed spinach in garlic oil and braised lentils	
<b>Tuna steak</b>	<b>£15.95</b>
Fresh, chargrilled tuna steak served on a base of rocket and cherry tomato salad with lemon and parsley oil dressing	
<b>Rib eye steak</b>	<b>£17.25</b>
Chargrilled beef rib eye steak accompanied by sautéed green beans and fat chips	

## SIDES

<b>Roasted rosemary potatoes</b>	<b>£3.00</b>
<b>Green beans &amp; garlic</b>	<b>£3.00</b>
<b>Green salad</b>	<b>£3.00</b>
<b>Wilted spinach</b>	<b>£4.00</b>
<b>Zucchini Fritti</b>	<b>£4.00</b>